

PROPA DISTANCE FOR RESISTANCE



What is physical distancing?



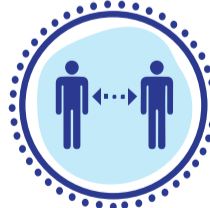
No unnecessary travel



Call first before going to hospitals or medical centres



Stay connected to family & friends



Keep a safe distance from others in public



Do not go to crowded places



Only go out for necessary food & other supplies.



Stay home